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Carol Read's 101 Tips for Teaching Primary Children

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Text

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Dedication

For every primary language teacher who strives to develop a love of learning in every child.

Why I wrote this book

There are many more children than adults learning English as a foreign language in classrooms around the world. And yet English language teaching to adults is often perceived as the default and, until quite recently, has led the way in areas such as teacher education, classroom methodology and research.

I hope that the tips in this book will help to unpack the range of knowledge, skills, attitudes and professional qualities that are needed to teach children and contribute to creating a new, age-appropriate default. In writing the tips, I have drawn, above all, on my experience as a classroom practitioner in different contexts, mainly in Europe and Latin America, over many years. I have also drawn on reading and research which has contributed to knowledge and understanding of primary English language teaching globally. My experience as a parent, and as a teacher educator, working with primary teachers and trainers in many countries all over the world, has also influenced my perspective.

At the heart of the tips is a belief that, in order to be effective, you need to master basic skills and techniques that enable you to positively embrace the challenges of working with lively, diverse classes of children. At the same time, and above all, you need to see your role as an educator of children. This means adopting an approach in which you continually take into account all aspects of children's social, emotional, psychological, physical and cognitive development as an integral part of your teaching, rather than narrowly focusing on language learning outcomes alone.

The tips in this book are designed to cover the years that children are in primary education, approximately aged six to twelve, and reference is made to lower and upper primary when relevant. However, as the educational approach, language background, literacy development, age and maturity of children vary in different cultural contexts, you are the best judge to decide which tips are appropriate to implement with which age groups in your situation.

The most helpful and rewarding way to use this book may be to start with a topic or tip that particularly interests you and move around

from there. Referencing between tips is included to guide you in making connections to related themes. References to specific ideas or books mentioned in the tips are provided at the bottom of each page. The glossary on page 128 also provides an explanation of key terminology used.

Although the book is primarily directed at primary language teachers of English, the same principles and tips can be applied if you are teaching other modern, foreign languages. As a follow-up, in order to expand your understanding of theory which underpins some of the tips and get more ideas, I recommend that you read, or at least dip into, the Selected further reading listed on page 135.

Finally, I'm aware that everything in this book, from the choice of topics and content of the tips to the personal views expressed, derives from my own background, beliefs and experience as a primary language teacher in particular contexts. I therefore strongly encourage you to use your own personal and cultural filters, and to select and reflect critically, before applying or adapting the tips to your context.

Above all, I hope the book gives you food for thought and will be a useful guide in helping you to teach primary children with confidence and success.

A: Getting started

As the saying goes, you only have one chance to make a first impression. That's the same in all walks of life, including teaching primary children. As far as possible, you need to create an impression that will lay foundations for developing a harmonious working relationship as from the first lesson. This includes establishing your credibility as teacher, displaying relaxed confidence in your role, showing care and interest in relating to children personally, planning and delivering interesting and challenging lessons, noticing children's responses and listening to what they have to say. It also involves setting clear parameters of behaviour and ensuring that learning outcomes are relevant and worthwhile.

That's quite a tall order and, however much experience you have, it's natural to feel slightly nervous before teaching a class of primary children for the first time – at least I know I always do. In my experience, it helps when initial lessons lead to concrete learning outcomes which link learning to children's life outside the classroom. In the case of lower primary, this might be making a simple origami book (see 63) with personal information that children take home to show and share with their families. With upper primary, it might be creating a personal blog (see 89), with content of their choice, which they can subsequently add to in a regular way during the course.

My key tips for getting started are:

- 1 Learn children's names fast!
- 2 Keep it personal and encourage aspirations
- 3 Establish classroom routines
- 4 Start as you mean to continue

By remembering and using children's names from the outset, you signal your interest in them as individuals. This boosts their self-esteem and makes them more likely to listen and actively engage in lessons.

When you start teaching a class for the first time, there are usually some children whose names you remember more easily than others. In order to avoid any perception of favouritism, it's important to make an effort to learn all the children's names as soon as you can.

For the first few lessons, it helps to make a plan of the classroom with the children's names and photos showing where they sit. You can keep this on your desk or computer screen and refer to it unobtrusively as you teach.

With younger children, you can prepare circular medallions of coloured card with the children's first names in marker pen and a hole at the top threaded with easily breakable wool. As you give out the medallions for children to wear, ask, What's your name? / My name's ... or Who's ...? / I am! in order to identify each child's medallion and give yourself an opportunity to learn their names.

Older children can make name cards by folding an A4 sheet in three equal sections, writing their names in the middle section, and drawing a logo to show a favourite possession or interest, e.g. a football or cat. At the start of the first few lessons, children stand their name cards on their desks.

In classes where children are together for the first time, you can also do activities to learn everyone's names. One example is where children stand in a circle in groups and take turns to say and then repeat each other's names cumulatively, following a simple, clapping rhythm. However, in contexts where children already know each other, there's little point in doing an activity like this. Instead, an activity where children work in groups and create a simple crossword with clues using their first names, and then exchange and do each other's crosswords or try them out on you, will be more appropriate.

Keep it personal and encourage aspirations

Children need to feel that you care about their personal lives and aspirations. This is motivating and helps to build positive relationships.

The more you know about children, the more you can relate to them individually and understand their needs and preferences (see also 5). Every lesson offers opportunities for this, e.g. when you personalise a topic or ask children their views, but it is particularly important when you start working with a class for the first time.

One activity to find out personal interests is to get children to create their own coat of arms, divided into four sections. Children draw and/ or write in each section, either choosing from a range of options or following your instructions, e.g. their favourite free time activity, food, sport or school subject, their pet (or pet they would like to have) and a place they would like to visit. Children take turns to show their coat of arms and talk about their choices. These can also be displayed and used as the basis for other activities, e.g. Who's got a hamster? / How many of you like basketball? / Find the coat of arms most similar to yours.

An activity that encourages children to think about their aspirations for learning English is to make a dream tree. Create an outline of the trunk and branches of a tree. Give every child a piece of green paper in the shape of a leaf. Children write on the leaf one thing they want to achieve in English and stick it on the tree, e.g. *I want to watch Harry Potter films*. Children then share and compare their aspirations.

Finding out about children in this way allows you to make references to them naturally in subsequent lessons, e.g. *Did you take your dog for a walk at the weekend, Isabel? / Mario loves maths, so perhaps he can tell us.* This shows that you know and care about the children and heightens their **self-esteem**. You can also use their aspirations to inform your lesson planning (see **D**) and this is likely to lead to increased **engagement** too.

Establish classroom routines

Classroom routines give a framework and structure to lessons. They make lesson preparation and classroom management easier and save valuable teaching time.

You can establish **classroom routines** in relation to any area of your teaching where you feel that it will be beneficial for children to follow a predictable pattern of behaviour. These are likely to include, among others, starting and ending lessons, getting attention, asking questions, giving out and collecting materials, working in pairs and groups (see 7), reviewing learning (see 19). Classroom routines need to be age-appropriate. With younger children, an opening classroom routine might include greetings and a hello song using a class puppet, followed by identifying the weather and day of the week. With older children, lessons might start with a high-five greeting and a hello rap, followed by brief 'news of the day' from children who choose to contribute.

In order to establish a classroom routine, you need to explain why the routine is important, use the routine regularly, model the behaviour you expect, and be persistent in expecting children to conform to this. For example, if you establish a routine whereby you use a tambourine or count down from five as a signal for children to stop whatever they're doing, listen and pay attention, resist the temptation to continue before vou have the attention of the whole class.

Some classroom routines can be established collaboratively by negotiating a class contract with children. If children themselves agree on the value of classroom routines, such as raising hands to ask questions, then they are much more likely to keep to them.

Classroom routines make children feel secure and develop their autonomy. Through the use of regularly repeated, shared scenarios and language patterns, classroom routines also create a sense of class community and promote confidence and ownership of learning.

During the first few weeks when you meet a class, children are willing to respect you and accept the way you do things. This is a critical period for you to establish positive relationships and an agreed way of working. It is much harder to change things later on.

If you feel nervous meeting a class for the first time and are worried that this may have a negative impact, try the 'as if' technique. This involves acting 'as if' you are the most confident teacher in the world, using relaxed, open body language and a calmly projected voice. If you consciously stage act for the first few lessons, you're likely to find that the children's positive response will boost your confidence and help you become the teacher you wish to be.

In developing a positive working relationship (see 5), it is a basic requirement to show genuine interest and respect for children and to learn their names (see 1). You also need to give encouragement, support, feedback and praise as appropriate (see 11). At the same time, you need to be firm in insisting on what you consider are acceptable parameters of behaviour so that these become a habit and classroom norm.

In order to establish an agreed way of working, it helps to have a clear vision of how you would ideally like things to be. You then need to plan in detail how to achieve this.

In addition to organising the environment, planning lessons and classroom routines, it is useful to prepare a behaviour plan. A behaviour plan gives you an opportunity to think through what you consider acceptable parameters of behaviour and the strategies you will use to get children to accept and respect these. A behaviour plan can include things such as (negotiated) classroom rules, a reward system (if you plan to use one), strategies for managing behaviour (see 12), and consequences for inappropriate behaviour. Thinking these through in advance will help you to be consistent in the way you respond to children and to reach a shared understanding of how to work together.

B: Core skills

There are a number of core skills which will underpin your confidence in working with children and are essential to successful teaching and learning. These core skills relate to creating a positive rapport with your learners and thinking carefully about language you use in lessons. They also relate to selecting, setting up and managing activities in a way that maximises learning opportunities and supports your ability to deliver lessons in the most productive way.

For example, with an activity such as dictation, you may choose to do it either as a whole class activity (see 81), or as pair work, using copies of the same text with different missing words which children dictate to their partner, or as group work, in which children take turns to dictate a text from the wall to their group. In making your choice, you need to weigh up the potential risks and benefits for skills development, cooperative learning, enjoyment and orderly classroom management (see C).

When you first start teaching children, you may find it useful to write a detailed script of language you are going to use to give instructions and stage-by-stage notes of how you plan to set up a pair or group work activity effectively. As you become more skilled and proficient in these areas, you'll find that you no longer need to do this, and these basic, pedagogical skills will become a natural and automatic part of your 'teaching persona' and performance.

My key tips for core skills are:

- 5 Build positive relationships
- 6 Watch your language!
- 7 Set up pair and group work effectively
- 8 Choose and use activities wisely

Building positive relationships lies at the heart of effective primary teaching. As well as promoting participation, it also helps you to manage your classes in a positive way.

The way you relate to children, individually and collectively, and the way children relate to each other, has a fundamental influence on their self-esteem, attitudes, behaviour and achievement. Building positive relationships also links closely to values education (see H) since it is through the development of values such as trust, mutual respect, kindness, inclusion and cooperation, that strong, healthy relationships develop.

In order to build positive relationships, you need to:

- Model social skills you wish children to adopt, for example, saying 'please' and 'thank you', using eye contact and active listening.
- Use humour but never at any child's expense.
- Create an inclusive classroom by encouraging a team spirit and using inclusive language, such as Let's ... / We're going to ... (see also 69).
- Find things in common by doing activities such as Cat or dog? Say pairs of related words, e.g. Pizza or hamburger? Children identify the item they prefer and share reasons for their choice.
- Make personal connections by doing activities such as Guess the lie! Children write three sentences about themselves, one of which is a lie. They take turns to say their sentences and guess the lie.
- Value children's multilingual identities (see 44).
- Find moments for individual contact. Use these to show you care.
- Look for things to praise (rather than criticise) in relation to children's work, participation and behaviour (see also 11).
- Include collective activities that create a sense of community, such as storytelling and singing (see F and I).
- Include cooperative learning activities that practise social skills as well as language (see, e.g. G, J, 60, 66, 75).

The way you use language in class is crucial in assisting children's learning. It needs to be natural and provide input that children can understand and be closely matched to their cognitive and social development.

In pitching your language appropriately for lower primary children, it's helpful to adopt some features of the way parents typically interact with young children learning their mother tongue. These include repeating words and phrases frequently, asking questions to keep attention, expanding what children say and using simple, grammatical structures and slower, but not unnatural, articulation. They also include using gestures, actions and facial expression to support understanding, and responding to children's meaning by recasting and reformulating what they want to say, rather than overtly correcting them (see also 96). As children get older and become more linguistically and cognitively proficient, you need to continually adapt and grade your language to their level.

Some key areas to think about in the way you use language include:

- Giving instructions: simplify these into stages and avoid complex grammatical constructions.
- Think aloud techniques: explicitly verbalise and model how to go about solving a problem or doing an activity.
- Eliciting techniques: use prompts, e.g. And ...? / So ...?, and questions, e.g. Anything else?, to gather children's suggestions, ideas and get them to display what they know.
- Checking comprehension: plan ways to get evidence of children's understanding. For example, rather than Do you understand what a reptile is? ask Is a snake a reptile? How do you know?
- Using the children's shared language: this may be appropriate at times, for example, for explanations or to check instructions (see also 44).

Pair and group work provide opportunities to maximise language practice and develop cooperative learning skills – but they also risk escalating noise levels and even losing control of the class. The secret lies in how you set up, manage and monitor activities.

In order to work effectively, you need to provide a clear framework and purpose for pair and group work. You need to indicate partners or groups (for example, children sitting next to, or behind, them) and give clearly staged instructions (see 6). It's also vital to prepare language you expect children to use, for example, by getting them to practise this in chorus first. You also need to demonstrate or do the activity with the whole class before they begin, and give a signal for starting and stopping.

During pair and group work, you need to monitor closely, without interfering unless necessary, and have something ready for fast-finishers to do. It also helps to train children to use 'our quiet voices' (see 73), to keep activities short at first, and to provide opportunities for reporting back, demonstrating the activity or doing a learning review (see 19), at the end.

Pair work is easier to manage than group work and it is advisable to start with this. Examples of activities that lend themselves to pair work include games (see G), drama (see Q), and grammar practice (see 95). As children get older, pair work is also useful for getting them to compare ideas and check answers in **think-pair-share** activities too (see 82).

The key to successful group work lies in organising children effectively (see 9 and 15) and ensuring that everyone has a role and is motivated to contribute. In some activities, such as **cumulative** games (see 82) and wall dictations (see introduction to B), the design of the activity means that everyone contributes equally. For others, such as projects (see J) and presentations (see 60), it may be useful to give specific roles, such as timekeeper, notetaker, content checker, reporter.