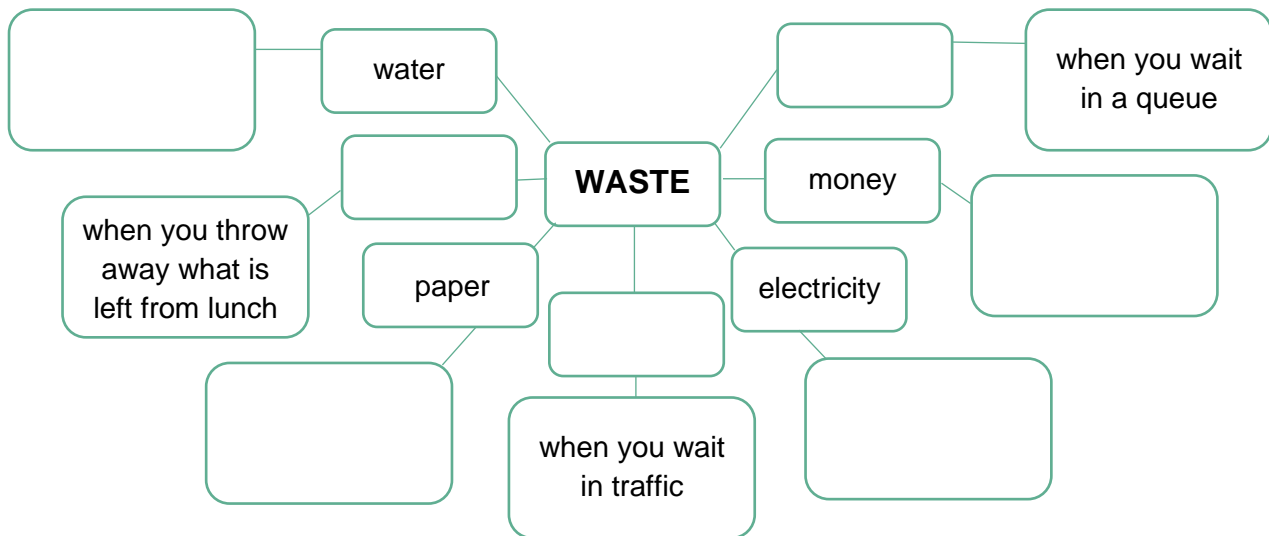
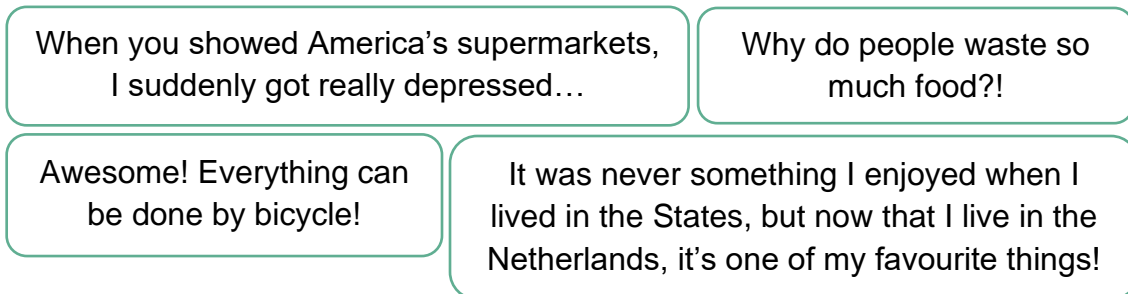


Waste less (First Conditional)

1. Complete the mind map with your ideas.



2. You are going to watch a video. Look at some of the comments posted under the video and guess what it might be about.



3. Watch the [video](https://youtu.be/kYHTzqHIngk) [https://youtu.be/kYHTzqHIngk] and choose which of the points below were the purpose of the video. Explain your choices.

- a) to compare shopping habits in the Netherlands and North America
- b) to criticize Dutch shopping habits
- c) to recommend cycling
- d) to show a quicker way to shop for groceries
- e) to encourage viewers to move to the Netherlands
- f) to give suggestions on how to waste less food

4. Watch the [video](#) again and list five facts about grocery shopping in the Netherlands and in North America.

Waste less (First Conditional)

5. Discuss the questions.

- Does your grocery shopping look more like Dutch or North American shopping? Why?
- Which of these aspects are important for you when you do your grocery shopping? Why?
 - I want to eat fresh food.
 - I don't want to waste time.
 - I want to save money.
 - I want the shopping to be relaxing.
 - I don't want to waste food.
 - I don't want to go shopping often.

6. A student has made a list of grocery shopping tips based on the information in the video. Think about your shopping experience and decide if you agree with them. Explain why.

- You will eat a lot of fresh food if you buy groceries more often.
- If you do grocery shopping once a week, you will waste a lot of food.
- You will spend more time in a shop if you don't use a hand scanner.
- If you go to a huge supermarket on the edge of town, you will waste a lot of time.
- You will have to pay for a bag unless you take a reusable bag from home.

7. Look at the sentences in ex. 6 and complete the rules.

| FIRST CONDITIONAL RULES | |
|-------------------------|--|
| a) | We use First Conditional to talk about things that happen in the present/will happen in the future . |
| b) | To build a First Conditional sentence we use: <div style="display: flex; align-items: center; justify-content: center;"> <div style="border: 1px solid black; padding: 5px; margin: 0 10px;"> <i>If + present tense/will + infinitive</i> </div> <div style="margin: 0 10px;">,</div> <div style="border: 1px solid black; padding: 5px; margin: 0 10px;"> <i>present tense/will + infinitive</i> </div> </div> |
| c) | The <i>if</i> -clause talks about the condition and the second clause talks about the result. We can/can't talk about the result first, and then explain the condition. |
| d) | We use a comma (,) when the condition/the result is first. |
| e) | We can use when we want to say 'if not'. |

Waste less (First Conditional)

8. Complete the gaps with the correct form of the verbs in brackets. You can use affirmative or negative forms.

- a) If you (help) me, I will have to do it alone.
- b) I (lend) you some money if you give it back to me next week.
- c) Where will he do his grocery shopping if he (move) to Canada?
- d) If your boss lets you work from home, you (waste) so much petrol.
- e) Your electricity bills (be) high unless you turn off the lights when you leave the room.
- f) If you (be) hungry, I will order some food.
- g) Will you do the grocery shopping tomorrow if I (have) time?

9. Your New Year's resolution is to waste less. Finish the sentences to make your resolution more detailed (or less strict).

EXAMPLE: I won't buy new clothes unless I really need them.

- a) If some food is left over from dinner,
- b) I will go grocery shopping more often and buy less if
- c) I won't waste time on social media unless
- d) If I print a document,
- e) If I decide to go on holiday,
- f) I will have a shower instead of a bath unless
- g) If my family throws food away,
- h) I will take a reusable bag when I go shopping unless
- i) I won't throw away things I don't need unless



Waste less (First Conditional)

10. Your teacher will give you a list of phrases. Choose a phrase and start a sentence in First Conditional. Your partner will choose a phrase from their list and finish your sentence. Use affirmative or negative forms, and add any information you want to make the sentences logical. Continue until you have used all the phrases.

EXAMPLE:

I will go to bed early tonight if...

... I have dinner with my grandma.

That's because she usually has dinner very early.